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## **Sleep Laboratory Services Inspection Checklist- Random**

Name of the Facility:			
Date of Inspection:	/	/	

Ref.	Description	Yes	No	N/A	Remarks
1	Introduction				
1.1.2.	Outpatient facilities with one (1) of the following twenty-four				
1.1.2.	(24) hours service:				
1.1.2.1.	Neurology				
1.1.2.2.	Otolaryngology				
1.1.2.3.	Pediatric Pulmonology				
1.1.2.4.	Pediatric Sleep Medicine				
1.1.2.5.	Pulmonology				
1.1.2.6.	Sleep Medicine				
2	Registration and licensure procedures				
	Install and operate equipment required for provision of the				
2.5.3.	proposed services in accordance with manufacturer				
	specifications.				
3	General design considerations				
3.2.	Sleep therapy room				
	Each sleep therapy room shall have a mechanism for visual				
3.2.11.	monitoring and video recording of patients during sleep therapy.				
3.2.11.	Time delayed photographs shall not be acceptable as a				
	mechanism for visual monitoring.				
	The health facility shall maintain equipment for delivery of				
3.2.12.	positive airway pressure (PAP) therapy for sleep apnea, which is				
	controlled by a remote control.				
4	Professional requirements				

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		1		
4.2.	Physicians who can operate and interpret sleep laboratory			
	results shall be:			
4.2.1	Neurologist (with twelve (12) months training in sleep			
4.2.1.	medicine)			
422	Otolaryngologist (with twelve (12) months training in sleep			
4.2.2.	medicine)			
4.2.3.	Pediatric Pulmonologist			
4.2.4.	Pediatric Sleep Medicine Specialist			
4.2.5.	Pulmonologist			
4.2.6.	Sleep Medicine Specialist			
	Pediatric sleep medicine physicians shall be employed to			
	diagnose treat and manage pediatric patients with sleep			
4.4.	disorders. They shall not manage adult patients with sleep			
	disorders.			
4.5.	American board Sleep Medicine Specialist can assess and treat			
4.5.	both adult and pediatric patients.			
	The polysomnographic technologist shall document ongoing			
4.6.2.	evaluation and management of every patient with sleep			
	disorder.			
4.6.5.	The patient to technologist ratio should be 2:1 under most			
4.0.5.	circumstances for attended polysomnography.			
4.6.6.	For infants, young children and older children/ adults with			
4.0.0.	special needs the ratio of patient to technologist is 1:1.			
4.6.7.	The polysomnographic technologist shall maintain a valid Basic			
4.0.7.	Life Support (BLS) certification.			
	The polysomnographic technologist treating pediatric patients			
4.6.8.	shall maintain a valid Pediatric Advanced Life Support (PALS)			
	certification.			
5	Health records			
F 1	All sleep laboratories shall maintain appropriate health records			
5.1.	for patient evaluated by the facility and also for referred			

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	patients by other health facilities.		
	Health records shall document patient interaction, including		
5.2.	initial evaluation, sleep therapy (if any), diagnosis, treatment,		
	CPAP assessment and follow-up.		
5.3.	The health record shall include written indication that the		
J.J.	physician has reviewed and approved the proposed evaluation.		
	Every evaluation shall be signed and stamped by the physician in		
5.4.	case of paper based health records and signed off in case of		
	electronic health records.		
6	Patient care and safety		
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	The sleep laboratory shall be equipped with emergency		
6.5.	equipment like emergency cart with defibrillator or Automated		
6.5.			
	equipment like emergency cart with defibrillator or Automated		
6.5.	equipment like emergency cart with defibrillator or Automated Electronic Defibrillator (AED).		
	equipment like emergency cart with defibrillator or Automated Electronic Defibrillator (AED).  Provide hand rub stations at convenient locations throughout		
6.8.	equipment like emergency cart with defibrillator or Automated Electronic Defibrillator (AED).  Provide hand rub stations at convenient locations throughout the sleep laboratory.		
	equipment like emergency cart with defibrillator or Automated Electronic Defibrillator (AED).  Provide hand rub stations at convenient locations throughout the sleep laboratory.  The facility shall maintain fire extinguishers. There shall be		

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